



Comcast Turkey Trot Fun Run & Walk
Thanksgiving Morning - 3.6 Miles
 8:30 AM Lion's Shelter, Lake Sacajawea
Early Registration Costs:
 Before 11/15 \$10 (shirt not included)
 After 11/15 \$15 (shirt not included)
T-shirts available to purchase until 11/15
 T-shirt - \$10
 Tech shirt - \$10
 Long sleeve cotton - \$10



Heart & Sole Run
 Typically 2nd Sat. in February 2017
 Official Date TBA-Elks Building
 Lake Sacajawea
 Registration begins mid December



Electrifying Shamrock Run 2017
 Lions Shelter - Lake Sacajawea
 Typically Fri. before Daylight Savings
 Official Date TBA



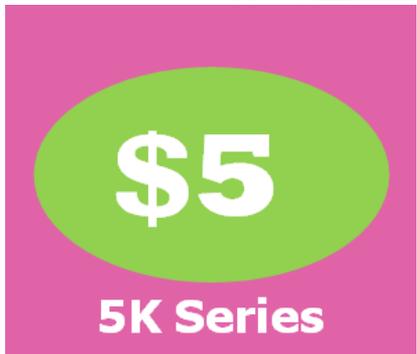
Running of the Fools 5K & 10K 2017
 2017 - Typically 1st weekend in April
 Willow Grove Park
 Try to beat the joker around the 10K loop...
 Guess your time to win a prize!!!



Firecracker Fun Run - 5K 2017
 Office Details TBA



Swim, Dash, Splash - 2017
 Details Coming Spring 2017



\$5 5K Series - 2017 Details
 Coming Spring 2017



Seahawks Poker Run - 2017 Details
 Coming Spring 2017



Moonlight Run - 2017
 Details Coming Spring 2017



Pumpkin Pi Run - 2017
 Details Coming Spring 2017