

Specialized Recreation

Specialized Recreation Sponsored by the Longview Parks & Recreation

Social Club!

Social Club is a program for intellectually challenged adults. We meet weekly on Saturday afternoon at the Elks Building, 2121 Kessler Blvd. We offer a variety of special activities, educational opportunities, events, snacks, a place to socialize and monthly dances. Dances are held at the Woman's Club building, 835 21st Ave. This is a great place to come hangout meet new friends and see the old ones!

Ages: 18 & Over

Location: Elks Building, 2121 Kessler Blvd.

Dance Nights: Woman's Club, 835 21st Ave.

FREE (Dances held 3rd Saturday of the month are \$4)

Sat 5/6 - 8/26 2:30 - 4:30 PM



Special Olympics

All athletes must have a valid Washington State Special Olympics physical registered with the recreation office before participating. We hope to see all of our great athletes again this Summer as we go for the gold! Longview Recreation conducts the local Special Olympic Program that serves developmentally disabled individuals in our community. There are over 200 athletes involved in sports year round. If you or someone you know would like to be involved as a participant or volunteer please call 442-5400. All athletes must have a valid Washington Special Olympics physical on file with the recreation office prior to participating.

Special Olympics Bowling

Triangle Bowl, 700 Triangle Center. Saturdays, 9am-10:30am. August 19 - October 28. Ages 8 & Over All athletes must have a valid Washington State Special Olympics physical registered with the recreation office before participating. We hope to see all of our great athletes again this year as we go for the gold! Longview Recreation conducts the local Special Olympic Program that serves developmentally disabled individuals in our community. There are over 200 athletes involved in sports year round. If you or someone you know would like to be involved as a participant or volunteer please call 442-5400. All athletes must have a valid Washington Special Olympics physical on file with the recreation office prior to participating.

Special Olympics Softball

Victoria Freeman Park. Mondays, June 12 - August 13, 6-7pm @ Victoria Freeman Park (Douglas Street @ 9th Ave). No Cost. Ages 8 & over June 12th will be the first meeting and athlete sign up for everyone who is interested in playing this summer. The season practice schedule will be determined at this meeting. Bring your glove as this will be a practice session.

Social Club Schedule

May 6	The Art of Making Music with Special Guest Denise Aslin
May 13	Karaoke and Garden Planting
May 20	May Day Spring Dance
May 27	Birthdays, Movie & Popcorn
June 3	Camp-Out, Campfire stories, Songs and S'mores with Special Guest Denise Aslin
June 10	Rock Painting
June 17	Summer Dance
June 24	Birthdays and Bingo
July 1	Summer Games with Special Guest Denise Aslin
July 8	Movie, Popcorn and 4th of July Craft
July 15	Red, White and Blue Dance
July 22	Water Fun and Outdoor Play
July 29	Birthdays, Silly Photo Booth & Cooking
August 5	Scavenger Hunt with Special Guest Denise Aslin
August 12	Celebrate the Rodeo and Mystery Guest
August 19	Beach Party Dance
August 26	Birthdays and Bingo

Express Yourself Daycamp

Focus on socialization and learning social skills through the arts; music and theater, enjoy fun group activities along with art projects, and learn how to express yourself in a positive way. Express Yourself Camp, explores learning and recognizing how to deal with emotions; in a healthy constructive manner. If one on one staffing is needed please contact your DDA case manager for respite hours, or you can bring your own support staff. Scholarships available. Instructor: Denise Aslin

Ages: 13 - 20

M-F 07/10-07/14 1:00 - 4:00 PM \$75.00RD \$80.00

Location: Woman's Club, 835 21st Avenue

Express Yourself Class

Building Bridges staff welcomes people with intellectual disabilities to learn new skills and have some fun during the week. This fully staff respite program will focus on learning social skills through the arts. Painting, theater and music classes blended with fun group activities. Instructor: Denise Aslin

Ages: 18 - 20

M	05/01-05/22	4:00 - 5:30pm	\$12.50RD \$17.50
M	06/05-06/26	4:00 - 5:30pm	\$12.50RD \$17.50
M	07/03-07/24	4:00 - 5:30pm	\$12.50RD \$17.50
M	08/07-08/28	4:00 - 5:30pm	\$12.50RD \$17.50

Location: Woman's Club, 835 21st Avenue

Outdoor Playtime for Families

Enjoy a nice social opportunity for families who have children with disabilities to play, learn and grow from one another. This is a free program facilitated by Denise Aslin, respite care coordinator. We ask families to register in advance for this free program to receive information on the Park locations each week. Instructor: Denise Aslin

Ages: 2-5

M 07/10-08/21 10:00 AM - 12:00 PM Free

Location: First meeting at Lion's Shelter Playground, Lake Sacajawea Park