

Youth — Creativity, Education & Fitness



Creative Art & Dance Camp

NEW!

This camp is a combination of learning a lyrical dance routine and fun making costume accessories and craft projects. Lyrical dance is a combination of modern hip hop and interpretive dance. Last day of camp will be a presentation of the routine to family and friends. Instructor: Vola Moore, Fresh Attitude Dance Instructor

Ages: 8 - 12

M-F 07/31 - 08/04 10:00 - 12:00 PM \$50.50RD \$55.50

Location: McClelland Center, 951 Delaware Street

Acrobatics - Youth

Acro is a fun class where your child will learn the beginning foundations for floor gymnastics and beginning dance. You will be able to watch your child's confidence grow as they increase their coordination, balance, rhythm, flexibility, and strength. This is a class that will help your child improve their large gross motor skills and help brain development in math and language. Instructor: Natasha Kreitzer

Ages: 6 - 12

Th	05/11 - 06/01	3:45 - 4:45 PM	\$35.50RD	\$40.50
Th	06/08 - 06/29	3:45 - 4:45 PM	\$35.50RD	\$40.50

Location: Woman's Club, 835 21st Avenue

Ballet

A creative movement class for beginners. Teaches children the basic steps of ballet. Fun games to learn gross motor skills. Instructor: Molly Johnson

Ages: 5 - 7

T	05/09 - 05/30	5:00 - 6:00 PM	\$35.50RD	\$40.50
T	06/06 - 06/27	5:00 - 6:00 PM	\$35.50RD	\$40.50
T	07/11 - 08/01	5:00 - 6:00 PM	\$35.50RD	\$40.50

Location: McClelland Center, 951 Delaware Street

Baton Twirling

Twirlers will have a 45 minute class once a week for four weeks. In this time they will learn basic twirls and a short routine that will be performed in front of family and friends on the last day of class. Instructor: Natalie Tallbut

Ages: 4 - 6

W	05/24 - 06/14	4:30 - 5:15 PM	\$35.50RD	\$40.50
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Ages: 8 - 12

W	05/24 - 06/14	5:30 - 6:30 PM	\$35.50RD	\$40.50
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Location: Woman's Club, 835 21st Avenue

Bouldering & Top Rope Climbing

Kids are natural climbers whether they're in the backyard or at the playground or in your living room. Let our skilled coaches build confidence in your child while introducing them to a sport they can enjoy for a lifetime! LCC Rock Wall is the setting for this fun class. We'll help your little one get comfortable in a gym setting, calming any nerves through climbing games and lots of encouragement. Parents are welcome to stay with their children or drop off.

Ages: 6-12

Sat	05/06-05/27	11:00 - 11:45 AM	\$50.00RD	\$55.00
M-Th	07/24-7/27	11:00 - 11:45 AM	\$50.00RD	\$55.00

Location: Lower Columbia College, 1600 Maple Street

CrossFit Confluence Kids

Our CrossFit Kids class aims to increase activity level by improving flexibility, agility, strength, and speed, while also providing a safe, fun place where kids can learn and move! Instructor: CrossFit Confluence Staff

Ages: 4 - 9

M-Th	07/17 - 07/20	10:00 - 11:00 AM	\$30.00RD	\$35.00
M-Th	08/21 - 08/24	10:00 - 11:00 AM	\$30.00RD	\$35.00

Ages: 10 - 14

M-Th	07/17 - 07/20	11:00 - 12:00 PM	\$30.00RD	\$35.00
M-Th	08/21 - 08/24	11:00 - 12:00 PM	\$30.00RD	\$35.00

Location: CrossFit Confluence, 1255 Alabama St. Suite A



Fitness Fusion

This class includes fun and exciting activities like rock wall climbing, tumbling, gymnastics, soccer, basketball, and other fun activities! This fun camp will keep your child engaged in fun activities from start to finish! Held at the beautiful Lower Columbia College Fitness Center. Instructor: LCC Fitness Center Staff

Ages: 4 - 8

M-Th	07/17 - 07/20	9:00 - 10:30 AM	\$60.00RD	\$65.00
M-Th	08/07 - 08/10	9:00 - 10:30 AM	\$60.00RD	\$65.00

Location: Lower Columbia College, Fitness Center - 1600 Maple Street

Golf Lessons - Youth

A great way for your child to learn the basics of golf from a trained golf pro! This class is great for beginners or for those who have not learned proper golf swing techniques yet. All equipment is provided, but feel free to bring your own clubs if you choose to! Instructor: Steve Schadewitz

Ages: 9 - 13

M-Th	07/10 - 07/13	4:00 - 5:00 PM	\$62.50RD	\$67.50
M-Th	08/07 - 08/10	4:00 - 5:00 PM	\$62.50RD	\$67.50

Location: Mint Valley Golf Course, 4003 Pennsylvania St

Hip Hop - Youth

Learn hip-hop moves, the popular form of dancing. Hip hop is great exercise and encourages coordination and creativity. Participants will learn routines to perform for their family and friends at the last class. Instructor: High Step Academy Staff

Ages: 6 - 10

W	05/10 - 05/31	5:00 - 6:00 PM	\$35.50RD	\$40.50
W	06/07 - 06/28	5:00 - 6:00 PM	\$35.50RD	\$40.50

Location: High Step Dance Academy, 3303 Washington Way

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Horsemanship - Beginning

Enjoy games and exercise while learning English riding skills that build confidence. Expert instruction is provided in basic horsemanship including safety, rules, grooming, and tacking. Participants must wear riding shoes or shoes with heels. Bring your own helmet or use one provided. Class will be held in an arena either indoors or outdoors. Instructor: Donna Longacre

Ages: 6 - 16

BEGINNING:

Wed	05/03 - 05/17	6:00 - 7:00 PM	\$48.50RD \$53.50
T/W/Th	07/11 - 07/13	2:00 - 3:00 PM	\$48.50RD \$53.50
T/W/Th	08/08 - 08/10	10:00 - 11:00 AM	\$48.50RD \$53.50

INTERMEDIATE:

T/W/Th	07/11 - 07/13	3:00 - 4:00 PM	\$48.50RD \$53.50
T/W/Th	08/08 - 08/10	11:00 - 12:00 PM	\$48.50RD \$53.50

Location: Longacre Stables, 2290 Dike Rd

Hula

Learn the various types of Hawaiian dance: Hula Kahiko and Hula Auana. Learn the basic foot and hand motions, and complete choreographies. Instructor: Kate Denman

Ages: 4 - 12

T	05/02 - 05/30	5:00 - 6:00 PM	\$37.50RD \$42.50
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Location: Woman's Club, 835 21st Avenue

Kung Fu

This class will give your children the skills and confidence to deal with self-defense situations effectively. Participants will learn 'KidSafe' skills to deal with abduction from an adult as well as 'BullyProof' skills to deal with assault from other children. Experience martial arts in a positive, safe environment taught by professional certified instructors. Uniform is available at first class for \$20, but not required. Please come 15 minutes early to be fitted for uniform. No jeans please. Instructor: Eric Beattie

Ages: 5 - 12

M-Th	07/17 - 07/20	2:00 - 2:30 PM	\$30.00RD \$35.00
M-Th	08/07 - 08/10	2:00 - 2:30 PM	\$30.00RD \$35.00

Location: Academy of Kung Fu, 1236 14th Ave

Mother's Day Cooking Class

Kids love to spoil mom! Teacher Shelly will help your kids learn how to safely prepare a special meal for mom's for mother's day. Kids will come home with a collection of Mother's Day recipes and gift ideas. Instructor: Shelly Aldrich

Ages: 8 - 12

Sa	05/06	9:00 AM - 12:00 PM	\$30.50RD \$35.50
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Location: Monticello Middle School, 1225 28th Ave

Safe on My Own

Be prepared for summer break for your kids, as they will learn how to handle being home alone including basic first aid, personal safety, Internet safety, how to respond to strangers at the door or over the phone, and sibling care. Instructor: Shelly Aldrich

Ages: 8 - 14

Sa	06/03	9:00 AM - 12:00 PM	\$25.50RD \$30.50
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Location: Recreation Building, 2920 Douglas St

Soccer Co-Ed Camp

Come learn, play, and practice the skills of soccer through activities and games! Camp is open to boys and girls and players will be grouped by skill level and age. Bring a water bottle! Instructor: Doug Waite

Ages: 6 - 12

M-F	07/10 - 07/14	5:30 - 6:30 PM	\$30.00RD \$35.00
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Location: Victoria Freeman Park, Douglas and 9th & 10th Ave.



NEW!

Stop-Motion Animation!

Learn the fundamental skills to produce a stop motion animation. Focus on conceptualization, creativity and creating smooth animation action. Create and use subjects from clay, pipe cleaners, to legos and other figures and come up with a short story idea. Learn daily what works well, doesn't work and then show your movies at the end of the week and discover the magic of Stop-Motion Animation! Instructor: Eric Spiering

Ages: 6 - 12

M-Th	08/14 - 08/17	5:30 - 6:30 PM	\$50.50RD \$55.50
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Location: Elks Memorial Building, 2121 Kessler Blvd
\$15 supply fee due to instructor.

Video Game Making - Beginning

Learn how to program and make your own video games. Use Game Maker a free programming environment that simplifies the creation process, and introduces the basics of programming. Make a variety of arcade or puzzle style games with what you learn. Instructor: Aaron Dobbins

Ages: 12 - 16

M-F	06/26 - 06/30	10:00 AM - 12:00 PM	\$110.50RD \$115.50
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Location: Elks Memorial Building, 2121 Kessler Blvd

Video Game Making - Intermediate

Now that you know how to use Game Maker you want to make an epic RPG or platformer video game. Such endeavors often require collaboration. The entire class will work as a team to make an intricate game worthy of legend; and the class decides what the game is. Requires the students to have completed the Basic class. Instructor: Aaron Dobbins

Ages: 12 - 16

M-F	07/10 - 07/14	10:00 AM - 12:00 PM	\$145.50RD \$150.50
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Location: Elks Memorial Building, 2121 Kessler Blvd



Tennis Lessons

Fee: \$45.00RD \$50.00

Location: Mint Valley Racquet & Fitness Center, 4004 Pennsylvania St

Teen

Camps will help players develop proper stroke mechanics, game strategies, good practice habits, and stress the importance of competing with the proper mental attitude to help players be their best and win more matches. Camps are for beginning players with little or no playing experience. Instructor: Mint Valley Racquet & Fitness Club Staff

Ages: 13 - 18

M-Th	06/26 - 06/29	10:15 - 11:30 AM
M/W/Th/F	07/03 - 07/07	10:15 - 11:30 AM
M-Th	07/17 - 07/20	10:15 - 11:30 AM
M-Th	07/24 - 07/27	10:15 - 11:30 AM
M-Th	07/31 - 08/03	10:15 - 11:30 AM
M-Th	08/07 - 08/10	10:15 - 11:30 AM
M-Th	08/14 - 08/17	10:15 - 11:30 AM

Youth

Camps will help players develop proper stroke mechanics, game strategies, good practice habits, and stress the importance of competing with the proper mental attitude to help players be their best and win more matches. Camps are for beginning players with little or no playing experience. Instructor: Mint Valley Racquet & Fitness Club Staff

Ages: 7 - 12

M-Th	06/26 - 06/29	9:00 - 10:15 AM
M/W/Th/F	07/03 - 07/07	9:00 - 10:15 AM
M-Th	07/17 - 07/20	9:00 - 10:15 AM
M-Th	07/24 - 07/27	9:00 - 10:15 AM
M-Th	07/31 - 08/03	9:00 - 10:15 AM
M-Th	08/07 - 08/10	9:00 - 10:15 AM
M-Th	08/14 - 08/17	9:00 - 10:15 AM