



COMMUNITY ADVOCATE AWARD 2016

We love our community advocates! They inspire us every day with their passion and commitment to make Longview a better place!

**Do you know someone that enhances the quality of life for the residents of Longview?
If so, we want to hear from you – email us at rec@mylongview.com**

OUR FIRST RECIPIENT IS DR. HANI EID



INTRODUCTION:

Dr. Eid is a board certified pediatric dentist in Longview. He grew up in Damascus-Syria and completed his dental education in 1996. Dr. Eid practiced general dentistry for 3 years before deciding to specialize in pediatric dentistry. Dr. Eid completed a 3-year program of additional education at Tufts University in Boston, MA where he received a certificate of specialty in Pediatric Dentistry and Masters of Science degree. Dr. Eid is trained in behavioral management techniques to better a child's behavior towards dentistry without having to use oral sedation. He spent half of his residency practicing interceptive orthodontics, to treat patients to the maximum facial aesthetics in addition to having a beautiful smile. After residency Dr. Eid became a full time assistant professor in the Department of Pediatric Dentistry at Oregon Health and Science University (OHSU) before deciding to go into private practice.

Dr. Eid has published several articles about dental trauma and nitrous oxide use for the pediatric patient. He is a member of the American Dental Association, The American Academy of Pediatric Dentistry, the Washington State Dental Society, and a diplomat of the American Orthodontics Society.

Dr. Eid joined the Longview Rotary Club in 2007 and is slated to become the President of the Longview Rotary Club July 2016.

Dr. Eid loves all kinds of sports, especially triathlons and marathons, and loves to travel and spend time with his wife and three boys, Faris, Adam and Jad.

RECREATION PURSUITS:

Dr. Eid shared with us that he always struggled with his weight but has never used that as an excuse to keep him from doing what he loves. He played soccer and basketball through school. After moving to Longview Dr. Eid decided to become more active and signed up for his first 5K, and survived! Dr. Eid says "I always believed that you have to put yourself out of your comfort zone or else you become stagnant and you lose your zest for life." Before he knew it, 5K become 10K, then a half Marathon, then trained for his first Marathon in 2010 with Team in Training (a charity to raise funds for the Lymphoma Leukemia Society). Dr. Eid trained with them for several Half Ironman triathlons until he decided to do a full Ironman race (140.6 Miles)!!! In 2013 he did two Ironman races Tahoe and Florida, and been doing triathlons ever since.

On mother's day Dr. Eid climbs Mount St. Helens as a fundraiser to raise money for SAMS (Syrian American Medical Society) the funds usually go to help the Syrian refugees in Jordan.

FAVORITE PARK:

Dr. Eid has traveled the world and truly believes Lake Sacajawea Park is what makes Longview special. Dr. Eid has traveled the world and believes that Lake Sacajawea Park is the most beautiful park he has seen! The trees, landscape, and playgrounds make it his favorite spot for a lunch time run!

COMMUNITY INVOLVEMENT:

Dr. Eid has always had a vision of organizing a free 5K race for children and families in our community. Happy Kids on the Run was born in 2010 and has been held every summer since then. Dr. Eid's favorite thing is when a parent or a child comes up and shares that it is their first time completing a 5K – this puts a smile on his face and makes everything they do worthwhile. You can often hear his response "remember your time because you are going to beat it next time."

Dr. Eid & Happy Kids host several annual events including: Parking Lot Painting, Candy Buy-Back, and our favorite... The Happy Kids on the Run 5K which will be held on Saturday, August 13th!

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